Voyage Behavioral Health, LLC

Phone: 804-792-0579 E-Mail: voyagebehavioralhealth@gmail.com
P.O Box 5711 Midlothian, VA 23112

INFORMED CONSENT FOR THERAPEUTIC RECREATION CONSULTATION SERVICES

The approach to therapeutic consultation will utilize behavior intervention principles, which include the use of a variety of methods to measure therapeutic needs, teach functional skills, and evaluate progress. Recreation support services rely on strategies that are respectful of a person's dignity and overall well-being and that are drawn primarily from educational and social sciences, although other evidence-based procedures may be incorporated. A unique plan will be created with the goal of long-lasting positive outcomes and enhancing the individual's quality of life. Recreation treatments are processes that involve a professional arrangement. Therapeutic Consultation is regulated by laws, ethics, your rights as a client, and by standard business practices. Before intervention can begin, your agreement to the business practices described herein is required.

Limits of confidentiality

In most cases, your written and signed authorization is required before information concerning your care can be disclosed to individuals outside of Voyage Behavioral Health, LLC including parents, other service providers, roommates, friends, faculty, and partners. Below are some of the cases in which the law dictates that your signed authorization may not be required in order for Voyage Behavioral Health, LLC to release information:

- If there is reason to believe that you are likely to harm yourself and/or another person, Voyage Behavioral Health, LLC may take action necessary to protect you or others by contacting law enforcement officers, a physician, and/or other necessary support.
- If Voyage Behavioral Health, LLC has cause to believe that a child, an elderly, or a disabled person has been or may be abused, neglected, or subject to financial exploitation, it is required that a report be made to the appropriate state agency.
- We must respond if your records are requested by a valid subpoena or court order.
- If you are a minor (under the age of 18).

Treatment Termination

If at any time during the course of your treatment it is determined services will not continue, a Disposition Summary can be provided to you explaining the justification for this decision. Ideally, services end when treatment plan goals have been achieved. Additional conditions of termination may include:

- Your choice to end services for any reason and at any time. If you make this choice, referrals to other providers may be provided (if available).
- In order to comply with professional ethical practices, treatment can only continue if you are, within reasonable limits, receiving therapeutic benefit. Therefore, if it is determined that these services are not providing therapeutic benefit, for any reason, we must terminate treatment in order to comply with professional ethical standards.
- Other legal or ethical circumstances may arise and lead to termination of treatment, such as the clinical expertise of the provider being inappropriate or insufficient for the individual receiving treatment. Please note: We complete due diligence on referrals to make sure that provider is operating within his or her competencies. Should the provider not have the necessary expertise, case will be referred to another provider within our organization, if available, or the provider will receive consultation/supervision from a person who has competency in that area.
- Other situations that warrant termination may include: drug abuse, disclosing illegal intentions or actions, inappropriate behavior during services, or failure to meet participation expectations.

Cancellation/missed appointment Protocol

- It is expected that if you are unable to maintain your appointment that you notify your Provider immediately and make an attempt to reschedule.

- As a courtesy, please provide a 24 hour+ notice of the need to reschedule. We understand that emergencies happen and sometimes 24 hours may not be a realistic window of time. This should be an exception. Methods of notification may include phone calls, voice mails, and emails. **Text messaging is not acceptable unless previously discussed with your Provider.**
- If you are not present for your meeting, Provider will wait for 10 minutes for you to arrive. It is at the discretion each provider as to whether he or she will wait longer.
- If you miss an appointment, it is your responsibility to contact your Provider to reschedule.
- Provider has the right to terminate services after 3 cancelled/missed appointments in which the above protocol has not been followed
- *Provider responsibilities:* Provider will make every effort to provide a 24+ hour notification to you if he or she needs to reschedule your appointment. In some circumstances, 24 hours may not be realistic and Provider will notify you as soon as possible. Methods of notification may include phone calls, voice mails, and emails. **Text messaging is not acceptable unless previously discussed with your Provider.**

Fee Structure

- Voyage Behavioral Health, LLC will establish a fee for services.
- You agree to provide the required financial/insurance information that Voyage Behavioral Health, LLC needs in order to receive payment for services rendered.
- Services cannot be rendered should the funding source (Medicaid, FAPT, etc) lapse or fail to gain prior authorization/reauthorization.
- This agreement ends upon termination of treatment from Voyage Behavioral Health, LLC and services will not be billed after date of discharge.

Contacts for Questions or Problems

If you have questions about your rights as a client receiving therapeutic behavior consultation services, or if you experience adverse effects as a result of receiving therapeutic behavior consultation services you may contact the consult working your case or you may contact or complete the following:

- Any questions or concerns about services please contact: Sarah Wright, President/Behavior Specialist at 804-792-0579 or voyagebehavioralhealth@gmail.com
- Concerns regarding Recreation Specialist, you can file a "Complaint of Alleged Violation" at https://www.nctrc.org/about-certification/disciplinary-process-ctrs/